



COLOR ME CALM

Coloring used to be called childish but **NOW** it is considered a way to relax and destress. The newest and hottest thing out there right now is Adult Coloring Books. Who knew?

So, why not get together with like-minded folks and bring in a bag lunch and your adult coloring book on **Tuesday's 12:00-3:00pm**. Heck, you can stay all afternoon if you want!

Don't have an adult coloring book? You can pick one up at almost any retail store. We have some coloring pencils and coloring books you may use while here in the center. Hope to see you there to bring out your inner youth!



Pinellas Park Senior Center
7625 59th St. N.
Pinellas Park, FL 33781
727-369-5694